



Critical Incident Stress Management Three Day Class

Sponsored by Lenoir City Police Dept. Lenoir, NC
November 21st-23rd, 2022

Lenoir, North Carolina----Exact Location to Be Determined
Limited Space - Course Cost \$285 (use \$25 discount code) for First Responders, Military, Nurses, and BGRRT (Email or call for Details)

- **Assisting Individuals in Crisis and Group Crisis Intervention Certificate Class**

“THIS IS AN IN-PERSON CLASS, Covid-19 PRECAUTIONS!”

Assisting Individuals in Crisis

Course Description: Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid”. This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

Program Highlights:

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Risks of iatrogenic “harm”

Registration for the class, please visit www.lakecism.com. Follow directions for the class listed for the dates specified. For Discount codes email Fuzzy Lake @ fuzzycism@gmail.com, or call 765-265-1656.

Any questions, please email fuzzycism@gmail.com Registration deadline for discount will be until full at 30 registered or Friday, November 10th. After that date, no discounts will be available. Deadline to sign up will be the following Friday.

Nov 21st, 8:00 – 8:30. Classes each day will be 8:30 AM to 5:00 PM.

Group Crisis Intervention

Course Description: Designed to present the core elements of a comprehensive, systematic, and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusing and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

This course is designed for anyone in the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

Program Highlights

- Relevant research findings
 - Small group crisis interventions
- Relevant recommendations for practice
 - Adverse outcome associated with crisis intervention
 - Incident assessment
 - Reducing risks
- Strategic intervention planning
 - Critical Incident Stress Debriefing (CISD)
 - “Resistance, resilience, recovery” continuum
 - Large group crisis interventions